PERSONAL GUIDING PRINCIPLES WORKSHEET

Use this worksheet to translate your Core Values into Guiding Principles. Guiding Principles are sentences or phrases that not only embody the value(s) but also describe specific behavior.

For examples, refer to Personal Guiding Principles Worksheet Examples

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| CORE VALUES | VALUE TRANSLATED INTO A GUIDING PRINCIPLE STATEMENT Express the value in terms of what you are going to do about it. |
|  **Family**(Family is everything) | I am a mom, wife, and daughter above all. We will talk every day about what is going well in our lives and what is troubling us. I will always be available to listen without judgement while offering my love and support unconditionally. |
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|  **Faith**(When I am afraid, I put my trust in you) | I will end each day reflecting on what I am thankful and grateful for. Thanking my god for all he has taught and given me. |
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| **Humility**(Do everything with love) | I will always seek to understand and lead with empathy responding with kind words of affirmation. |
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| **Service**(Give more than you ask) | I am always available to help by sharing my time, talent, and treasures with whom every is in need. |
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| **Personal Growth** (there are no mistakes only new opportunities) | I want to live each day to the fullest by living up to my potential, learning new skills, and how to become a better person bring happiness to myself and others. |
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