

| REACTIVE              | CONSCIOUS            |
|-----------------------|----------------------|
| Drama                 | Empowerment          |
| Victim Orientation    | Creator Orientation  |
| Persecutor            | Challenger           |
| Rescuer               | Coach                |
| Focus on the problem  | Focus on the outcome |
| Avoids responsibility | Takes responsibility |
| Vicious Cycle         | Virtuous Cycle       |