## **ADVANCED EXECUTION INTEGRATION SELF-ASSESSMENT**

Date:

Name:

ASSIGNMENT	
<ol> <li>Using the Assess self-score your pr</li> <li>Using the Improve</li> </ol>	sment Scoring Key provided, review each tool & practice on the back of this sheet and reficiency.  ement Actions List options below, select at least two topics, tools, or practices for the course of Q4 and describe how you plan to improve.
Assessment Scoring K	ey:
<ol> <li>= I haven't fully example.</li> <li>= I have practiced or using this tool I</li> <li>= I can do this tool.</li> <li>= I use this practic looks in action an</li> </ol>	xecuted this tool or practice even one time. d at least a little but I couldn't explain it or give one example of what doing this practice looks like in action. some extent and describe what this looks like in action. ce or tool regularly, can cite numerous examples from my own experience of how it ad feel comfortable teaching it to others. y integrate this practice or tool into my thinking and behavior without deliberate effort.
Improvement Actions:	
<ul> <li>= <u>Teach</u> this topic</li> <li>= <u>Apply</u> this cond</li> <li>= <u>Practice</u> with an selected tool/ practice</li> <li>= <u>Deeper Study</u>.  Execution coach.</li> <li>= <u>Review</u> this top and your experier</li> </ul>	For a tool or practice, seek guidance for additional reading/study from an Advanced pic or tool and commit to posting two or more separate, different applications of the tool
Improvement Self Assig	gnment 2 (implementation plan assignment)
improvement den Assig	

Once completed, post your two Self Assignments to the eJournal

The Self-Assessment details all topics, tools & practices covered in the Stagen Advanced Execution Program.

# **Assessment Scoring Key:**

- 1. = I haven't fully executed this tool or practice even one time.
- 2. = I have practiced at least a little but I couldn't explain it or give one example of what doing this practice or using this tool looks like in action.
- 3. = I can do this to some extent and describe what this looks like in action.
- 4. = I use this practice or tool regularly, can cite numerous examples from my own experience of how it looks in action and feel comfortable teaching it to others.
- 5. = I spontaneously integrate this practice or tool into my thinking and behavior without deliberate effort.

Module	Category	Description	Score	Self-Assignment
Personal	Interior	Drama Triangle/Empowerment Dynamic		_
Productivity		Recalibration		
		Redirecting Energy		
	Exterior	Weekly Focusing		
	LXterior	Outlook Email Rules		
		Personal 2x2		
		Personal Focus Areas		
		Task Capture & Management		
Team	Interior	Problem Solving vs. Informing Orientation (Structural		
Effectiveness	Interior	Meetings)		
Encouveriose		Facts & Perceptions / Ladder of Inference		
		Active Listening		
		Council Mode		
		Inquiry		
		Intent vs. Impact		
		Trust Formula		
		Hot vs. Cold Conflict		
		Doing Nothing (Engaged)		
		Framing		
		Feedback		
		Advocacy		
		Deciding (with permission)		
		Cooling or Heating Conflict		
	Exterior	Ground Rules		
	Exterior	Structural Meetings (design and management)		
		Effective Meetings Practices		
		Leveraged Team Management		
		High Level Action Plan	Q4	
		Initiative Success Formula	Q4	
Organizational	Exterior	Corporate 2x2	Q.7	
Focus &	LATERIO	2x2 Nesting (Team+)		
Alignment		2x2 Gamefilming		
Alighment		2x2 Alignment		
		5 Minute Prep		
		Focus Areas		
		Roadmaps		
		Structural Decisions (IRDA)		
		Imperatives	Q4	
		GLIA Planning vs. Traditional Planning	Q4 Q4	
		Executive Gamefilming & Guidance	Q4 Q4	
			Q4 Q4	
		Designing the Team Planning Template	Q4 Q4	
		Building the Planning Schedule		
	l	Master Calendaring	Q4	

#### **EXAMPLE ADVANCED EXECUTION INTEGRATION SELF-ASSESSMENT**

Name:	EXAMPLE SELF-ASSESSMENT	Date:	

#### **ASSIGNMENT**

- 1. Using the Assessment Scoring Key provided, review each tool & practice on the back of this sheet and self-score your proficiency.
- 2. Using the Improvement Actions List options below, select at least two topics, tools, or practices for improvement over the course of Q4 and describe how you plan to improve.

### **Assessment Scoring Key:**

- 1. = I haven't fully executed this tool or practice even one time.
- 2. = I have practiced at least a little but I couldn't explain it or give one example of what doing this practice or using this tool looks like in action.
- 3. = I can do this to some extent and describe what this looks like in action.
- 4. = I use this practice or tool regularly, can cite numerous examples from my own experience of how it looks in action and feel comfortable teaching it to others.
- 5. = I spontaneously integrate this practice or tool into my thinking and behavior without deliberate effort.

#### **Improvement Actions:**

- = <u>Teach</u> this topic or tool to the appropriate team.
- = Apply this concept or tool to an initiative that could benefit from it. Post experience to eJournal
- = <u>Practice</u> with another individual in your organization and create an accountability group for the selected tool/ practice.
- = <u>Deeper Study</u>. For a tool or practice, seek guidance for additional reading/study from an Advanced Execution coach.
- = <u>Review</u> this topic or tool and commit to posting two or more separate, different applications of the tool and your experience.

### **EXAMPLE Improvement Self Assignment 1 (implementation plan assignment)**

To improve my <u>Weekly Focusing</u>, I'm working with our VP of Finance Steven Smith to create a buddy/accountability system for the next 2 Months. We are both committing to an hour each Friday afternoon for weekly focusing. We've made a sport of it by challenging the other to cover lunch once for each week they skip!

# **EXAMPLE Improvement Self Assignment 2 (implementation plan assignment)**

I'm working with my coach to get better at <u>Inquiry</u>. I've always been a bit headstrong and authoritative, and if I'm not conscious of my audience this leads to my Inquiry feeling more like an Interrogation. My first step is to practice Inquiry with peers § direct reports while another member of the leadership team is present, so they can help gamefilm and provide feedback on my actions.

### **Assessment Scoring Key:**

- 6. = I haven't fully executed this tool or practice even one time.
- 7. = I have practiced at least a little but I couldn't explain it or give one example of what doing this practice or using this tool looks like in action.
- 8. = I can do this to some extent and describe what this looks like in action.
- 9. = I use this practice or tool regularly, can cite numerous examples from my own experience of how it looks in action and feel comfortable teaching it to others.
- 10. = I spontaneously integrate this practice or tool into my thinking and behavior without deliberate effort.

Module	Category	Description	Score	Self-Assignment
Personal	Interior	Drama Triangle/Empowerment Dynamic	3	
Productivity		Recalibration	4	
		Redirecting Energy	3	
	Exterior	Weekly Focusing	2	Practice
		Outlook Email Rules	5	
		Personal 2x2	4	
		Personal Focus Areas	3	
		Task Capture & Management	5	
Team	Interior	Problem Solving vs. Informing Orientation (Structural	3	
Effectiveness		Meetings)		
		Facts & Perceptions / Ladder of Inference	3	
		Active Listening	3	
		Council Mode	4	
		Inquiry	2	Deeper Study
		Intent vs. Impact	2	
		Trust Formula	4	
		Hot vs. Cold Conflict	3	
		Doing Nothing (Engaged)	4	
		Framing	3	
		Feedback	3	
		Advocacy	4	
		Deciding (with permission)	4	
		Cooling or Heating Conflict	3	
	Exterior	Ground Rules	5	
		Structural Meetings (design and management)	5	
		Effective Meetings Practices	4	
		Leveraged Team Management	3	
		High Level Action Plan	Q4	
		Initiative Success Formula	Q4	
Organizational	Exterior	Corporate 2x2	4	
Focus &		2x2 Nesting (Team+)	3	
Alignment		2x2 Gamefilming	3	
		2x2 Alignment	3	
		5 Minute Prep	5	
		Focus Areas	3	
		Roadmaps	4	
		Structural Decisions (IRDA)	3	
		Imperatives	Q4	
		GLIA Planning vs. Traditional Planning	Q4	
		Executive Gamefilming & Guidance	Q4	
		Designing the Team Planning Template	Q4	
		Building the Planning Schedule	Q4	
		Master Calendaring	Q4	