

PERSONAL GUIDING PRINCIPLES WORKSHEET

Use this worksheet to translate your Core Values into Guiding Principles. Guiding Principles are sentences or phrases that not only embody the value(s) but also describe specific behavior.

For examples, refer to Personal Guiding Principles Worksheet Examples.

CORE VALUES	VALUE TRANSLATED INTO A GUIDING PRINCIPLE STATEMENT Express the value in terms of what you are going to do about it.
FAMILY	I am who I am because of my family and it is my responsibility to live my life and guide my family through a blessed life.
CHARACTER	A moral foundation is imperative to a principled-life. I serve as an example to my family, friends, and co-workers in how to live and work for others.
PROFESSIONALISM	As a community leader, it is critical that my words, actions, and appearance represent my position, school, and profession with dignity. I value being a role-model for those in and outside of my own profession.
PERSONAL GROWTH	Personal growth can only come through a constant commitment to self-reflection and vulnerability. It requires a balance of self-confidence with a belief in the need to continually get better.
PERSONAL WELLNESS	An aligned balance of contentment while striving for a better life, through mental and physical health, financial independence, and exploration will result in a fulfilling life.