

Hero's Credo



Our Core Declaration is Awareness, Choice, Responsibility

- Without awareness, our life tends to be driven by distraction amid habit & reactivity.
- Through relating to & handling our habits & reactivity with compassionate awareness the capacity for genuine choice emerges.
- This choice establishes our life on the foundation of courageous responsibility and freedom.
- This courageous responsibility is to be the maieutic craftsman of the one life that is truly yours to live, in whose service you truly belong.

REACTIVE

Scrambling behavior

Driven by habit

Guarded and distracted

Have to ... need to

Defined by outcomes

Certainty seeks to defend boundaries

CONSCIOUS

Deliberate behavior

Guided by intention

Open and self-aware

Want to ... choose to

Informed by outcomes

Curiosity seeks to explore boundaries